

# Exploratory Options for 6th Graders

## — Physical Health & Education —

### **6th Grade IB Health and Physical Education**-- Semester Long

This general PE course is designed for those that would like to participate in a variety of sports and activities and follows the traditional physical education model. Students will participate in team sports, individual and dual sports, recreational activities, and fitness/conditioning activities. Students will increase their health knowledge as well as their physical skills and strategies for a variety of activities.

### **Team Sports (6th-8th Combined)**-- Semester Long

This course provides students the knowledge, experience, and opportunity to develop skills in more than one team sport such as volleyball, basketball, soccer, and so on. Not only will students learn about common team sports, but they will also be going through a series of conditioning activities that help develop muscular strength, flexibility, and cardiovascular fitness. While taking this course, students will be expected to dress in athletic clothes every day for class.

### **Dance and Conditioning- (6th-8th combined)** --Semester

Dance and conditioning give students the opportunity at different levels of exposure and abilities to experience and develop skills in different types of dance (ballet, hip-hop, musical theater, etc) as well as work on fundamentals of physical fitness, aerobics, muscular development, flexibility, and stability/balance.

## — Arts —

### **IB Visual Art I** --Semester

Introduction to Elements of Art & the MYP Arts Cycle

The IB Visual Arts semester course is designed to provide students with the foundation of artistic literacy through the elements of art. Students will have an opportunity to create artwork and use critical thinking skills as they develop their understanding of the arts in visual culture.

### **Theater Arts** --Semester

This course is designed for students interested in dramatic activities with an emphasis on performance. Each day, students will be involved in some performance-based activity and will learn vocabulary, roles in the theater, movement, acting techniques, theater evaluation, theater history, and attendance at a live theater performance. There is an emphasis on collaboration as students will be creating projects in groups/ teams just as they would encounter in the professional theater world.

### **Music** --Semester Long

The IB Music course is designed to provide students with the basis for musical innovation and creative thinking. Students will be given the opportunity to explore sound, music, instruments, theory, and performance within different cultural perspectives and genres such as rhythm, blues, rock, rap, and electronic (EDM). Students will explore sound as a means of expressing imaginative ideas while learning to reflect deeply on their identity as they create and perform music.

## — Design —

### **Project IB Design** --Semester

Students will apply their knowledge of the design cycle to unique projects and problems. This is a creative problem-solving class that is inquiry-based, including hands-on building, and product design. We stress IB's focus on teamwork and collaboration.

## — Language Acquisition —

### **Spanish 2** --Year-Long

Students will continue to develop their ability to understand spoken and written Spanish. At the same time, they learn to communicate orally and in writing in a culturally appropriate manner about a variety of familiar topics that include self, school, daily routines, shopping, community, emergencies, cooking, and travel. Vocabulary and grammatical structures are taught within the context of everyday topics. Culture is embedded throughout the course and relates directly to the topics studied.

### **World Languages & Cultures 1** --Year-Long

This course is a general study of diverse world languages and cultures. Topics include cultural practices, social structures, religions, arts, and languages. Students will gain a general understanding of the World's seven continents, the countries, and the peoples who inhabit them.